



Lycée D'Alembert Paris-FRANCE

SCHOOL TO SCHOOL-STRATEGIC PARTNERSHIP

2018-1-AT01-KA229-039251

"LET'S STOP BULLYING TOGETHER"

Guidebook from students for students



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More information on the project is available on the following Internet links:

Project website: <https://lets-build-europe-together.eu/>

eTwinning: <https://live.etwinning.net/projects/project/167278>

Facebook: <https://www.facebook.com/letsbildeuropetogether/?fref=ts>

YouTube: https://www.youtube.com/channel/UCZ_AiqltnbfFPGsx8imPJ-Q_Club4U

Lycée D'Alembert : <http://lyceedalembert.paris/index.php/category/lets-stop-bullying-together/>

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Our school



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<https://www.youtube.com/watch?v=brx-E4PxTug&t=7s>

Our working Group

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Sofiane **KARMOUS**

Léa **LEBLANC**

Myriam **BENOUDA**

Emeline **GOMEZ**

Marie-Christine **LIN**



<https://www.youtube.com/watch?v=K4KV0v49k-U&t=1s>

CHAPTER 1. INTRODUCTION

1.1. Introduction

The school bullying is a common problem in all EU states. Bullying in schools today are present in many forms, verbal, physical, psychological, cyberbullying, etc. Schools can provide a place where young people learn the skills and competencies that will help them resolve conflicts and problems peacefully and learn to live with diversity on a daily basis.

Therefore, schools from 6 countries decided to set up this project « Let's stop bullying together » 2018-1-AT01-KA229-039251, whose aims are to investigate about these manifestations and to realize and apply new and effective strategies to prevent them, to create a tolerant culture and to promote a democratic school attitude. The project was held in the years between 2018 and 2021.

The Lycée D'Alembert sent 16 students on mobility planned for this project: Fantaouné DIAKHABY, Lola KHETIB, Oriane DHAINAUT, Niki BEAUNOM, Lison JOUANDON-DARRAMBIDE, Emeline GOMES-POUPIN, Lisa HALLOUCHE, Laurent AUGUSTE, Gaëlle ARREAOU, Hubert THOMAS, Simon DEFRANCE, Sofiane KARMOUS, Léa LEBLANC, Myriam BENOUDA, Emeline GOMEZ, Marie-Christine LIN. Our students went to IES Joaquin Turina in Sevilla, Spain and ENSINUS - Estudos Técnicos e Profissionais SA ENSINUS - FTE in Lisboa, Portugal.

The objectives of the project are to:

- acquire social, civic and intercultural competences and energetically promote democratic values, fundamental rights as well as active citizenship;
- enhance critical thinking and media literacy to develop resistance to all forms of discrimination and violence;
- promote intercultural dialogue and encourage cooperation through all forms of learning in cooperation with other relevant policies and educational stakeholder and building on student's sense of initiative and engagement to strengthen social ties as well as generate a sense of belonging;
- promote the acquisition of skills and key competences (digital competences, languages)
- strengthen the professional and educational profile of teachers;
- trigger modernisation/internationalization and reinforce the response of education and training systems and youth policies to the main challenges of today's world.

To achieve these objectives, we worked with the experts: social worker, educator, authorities (police, judge, town hall). The work was done with parents and young people from our school. Several productions have been published: power point, videos, intervention protocol.

This project allowed young people to discover new cultures and experiences. Friendship relationships were created and incredible memories. Our young people had the opportunity to discover another way of trans-national work and to improve their language skills.

CHAPTER 2. ACTIVITIES

2.1. An overview of some activities done by the French group

2.1.1. 1st - Short-term exchanges of groups of pupils

Topic: *Define, identify and recognize bullying and bullying behaviours in EU schools*

Date: 17/02/2019 – 23/02/2019

Hosting school: IES Joaquin Turina (Spain)

Sending schools: Lycée D'Alembert(France) et ENSINUS - Estudos Técnicos e Profissionais SA ENSINUS – ETP (Portugal)

<https://www.youtube.com/watch?v=EKVKoHRBsnU>

The first short-term exchange was hosted by IES Joaquin Turina (Spain) from 17/02/2019 to 23/02/2019.

French team

Students : Gaelle Areou, Simon De France, Fantaouné Diakhaby, Léa Leblanc, Lison Jouandon, Emeline gomes, Lisa Hallouche, Oriane Dhainaut.

Adults : Ms. Dimitra Erouart and M. Cyril Hebrard

Sunday, February 17th, 2019

Pupils and chaperones met at 5:00 am at CDG airport in Paris. The group flew to Seville and arrived at 11:00.

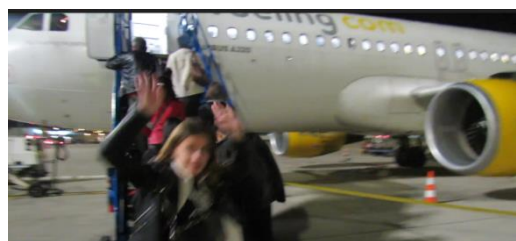
Each student was expected to be supported by his Spanish correspondent with his family.

The escorts were taken care of by Ramon Borreguero who took them to the hotel.

Everyone could put their luggage, rest and settle.

In the evening the guides dined with the Portuguese and Spanish colleagues.

The welcome of the Spanish partners was warm and benevolent.



Monday, February 18

Mr. Simon, Director of IES Joaquin Turina hosted the entire Erasmus group in a large hall of the school. He presented in detail the program of the week and offered T-shirts as welcome gifts.

The rest of the morning was led by Ramon Borreguero and Paco Padilla who proposed various activities to "break the ice" between Spanish and French Portuguese students.

At 11am a sandwich break was planned.

Ms. Teresa Rivera then proposed an activity related to student harassment.

At 2:30 pm the group ended up in the school class to enjoy the welcome meal, a Paella.

After the meal a football game was held in the school class and the students returned to their hosts at 17h.



ICE BREAKER BINGO				
HAS A BIRTHDAY THIS MONTH	HAS TRAVELED OUTSIDE THE COUNTRY	CAN PLAY AN INSTRUMENT	HAS A TATTOO	CAN SPEAK A FOREIGN LANGUAGE
IS AN ONLY CHILD	IS A LEFTY	ACTUALLY FORGOT THEIR TOWEL EVERYDAY	HAS A FOOD ALLERGY	PLAYED ON A SCHOOL SPORTS TEAM
MATCHES REALITY TELEVISION	RAN A MARATHON	FREE SPACE	HAD BRACES	HAS BROKEN A BONE
HAS LIVED IN ANOTHER STATE/COUNTRY	HATES MATH	LOVES TO SING KARAOKE	HAS MET A CELEBRITY	HAS NEVER SEEN A STAR WARS FILM
HAS A PET	CAN TOUCH THEIR TOES	HAS A FACEBOOK ACCOUNT	DISLIKES CHOCOLATE	HAS A NEW YEAR'S RESOLUTION AND KEPT IT

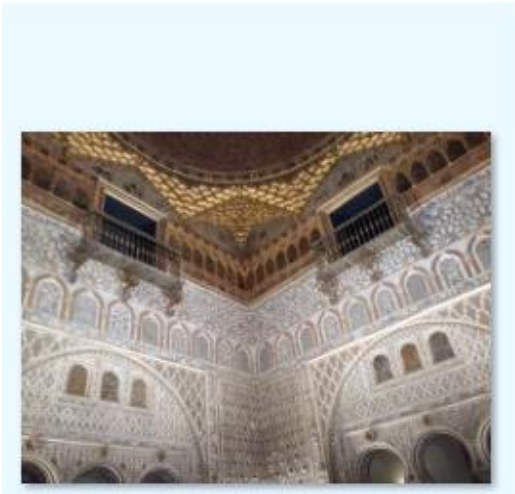


Tuesday, February 19

Accompanied and guided by David Sanchez and Fernando Hidalgo the Erasmus group visited Seville. Departure by bus from IES Joaquin Turina then on foot to visit the main monuments and places of the center of Seville.

Plaza de Espana, Santa Cruz neighborhood, Royal Alcazar, Cathedral.





Wednesday February 20

The day started at 8am with a conference on harassment. M gonzalez (psychologic) using interactive activities led this work.

At 10am departure by bus to the Guadalquivir for a physical education activity.

The students were supervised by 3 animators to discover, to practice canoe-kayak on a channel of Seville. The activity lasted until the end of the day.



Thursday, February 21

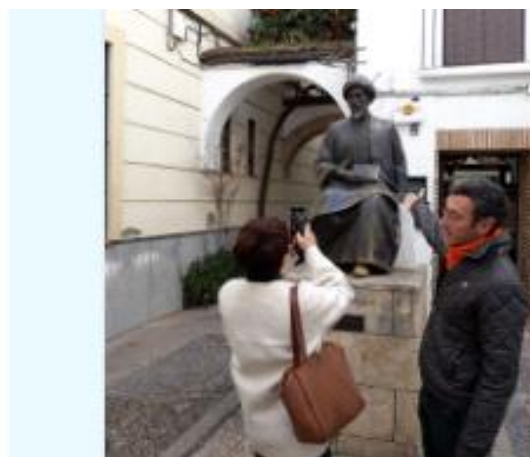
Meet at 8am to take a bus to Cordoba.

After an hour of traveling visit the city of Cordoba, its cathedral, its Romanesque bridge.

M Fernando Hidalgo and David Sanchez guided the group during this excursion.

Following the visit of the cathedral a meal in a small restaurant was planned for the whole group.

Return by bus to Seville at 17h.



Friday, February 22

At 8:00 am at IES Joaquin Turina School M Paco Padilla and Juan Montes proposed an activity on cyber-harassment.

At 9:00 accompanied by Mr. Cespedes, primary school principal, the group was able to visit and intervene with children in 3 primary schools. The group was expected and questions were prepared by the children.

At 11:30 am back to the IES students produced a video summary of the week in Seville. There was an evaluation (computerized survey) and the French team ended up for a small meal.

At 17h the group ended up at the IES for the projection of the 3 videos, the graduation and many small gifts.

Families were invited and present and the day ended with a drink in the school class.





Saturday, February 23

Meet at 7am at Seville airport to fly to Paris. In tears the French, Spanish and Portuguese students had to leave each other.

Back to Paris via Barcelona. Arrival in Paris around 13h. Everything went well except for luggage that arrived only much later.



2.1.2. 2nd - Short-term exchanges of groups of pupils

Topic: *Empower bullying victims in EU schools*

Date: 19/05 – 25/05/ 2020

Hosting school: Lycée D'Alembert (France)

Sending schools: IES Joaquin Turina (Spain) and INETE Lisboa (Portugal)

The 2nd short-term exchange was hosted by our school from 19th to 25th May 2019.

So we welcomed 8 students from the Spanish school IES Joaquin Turina of Seville accompanied by their director Simón Pérez González and a Borreguero Ariza Ramon.

The second team of visitors was made up of 8 Portuguese students from ENSINUS - Estudos Técnicos and Profissionais SA ENSINUS - FTE of Lisbon accompanied by the head of the Department of Letters and Erasmus Projects Ms. Cristina Basilio as well as Catarina Lopez.

The program proposed by the d'Alembert Erasmus team was dense and rich.

Working and exchange time in high school:

- Writing workshop using the pedagogy of the game on the theme of harassment (Ms. Gatouillat: adaptation of the tools of the device Mastery of language and learning to produce a text in English)
- Presentation by groups of students of their work on the theme of empowerment of the victim in a situation of harassment. Exchanges about productions.
- shoe customization workshop by Mrs. Erouart (nod to the specificity of our high school, presentation of a particular subject of the vocational high school: the applied arts)

- geography history course with explanation of how these subjects are taught in France. Presentation also of the EMC and the principle of secularism that governs our school: French specificity.

- visit of some workshops (Ms. Brigot) limited visit due to exams: shoe repair, podology, treatment room care, SPVL and MDC. But she was very interested in the students and raised questions.

- workshop with the Respect Zone association which impressed our students a lot thanks to the intervention of a witness of bullying.

Working topics: Paris Global City - in connection with the Bac Pro final program.

Objective: Allow students to better read the landscape during their afternoon visit.) The reconversion of an industrial space (following our visit to the Grande Halle: history of the slaughterhouses of La Villette and the transformation of the Park). Mrs. Gatouillat.

-Presentation of an aspect of Parisian intangible heritage: the songs of Paris (Mme Gatouillat)

- Review of the project, production students and writing in the manner of: "I remember" Georges Perec (presentation of a French literary movement, the new novel). Mrs. Gatouillat.

Teachers who helped and supervised: Mrs Duc as coordinator of the project, but also Mrs Matter, Mrs Brigot, Mrs Prévot, Mr Hébrard came to help during their spare time during the activities in class.

The times of cultural discoveries:

-Visit of the Toutenkamon exhibition at the Grande Halle.

- Day in Versailles (Mrs Duc and Mrs Prévot)

- Visit of the gardens of the Royal Palace and the Louvre (Mrs. Duc, Mrs. Erouart and Mrs. Gatouillat)

- Picnic at the Tuilleries and cruise on the Seine (Mrs Duc and Mrs Gatouillat)

Gastronomic discoveries:

The first day during the meal of welcome of the dishes of different corners of the world to sensitize the taste buds of our hosts: traditional products French, Lebanese, Tunisian and Romanian.

The foreign students were very happy to also discover the dishes offered in the school canteen.

The dissemination results (turn our Erasmus project to actors outside of high school)

- Visit of the town hall of the 19th arrondissement. Welcome by Andrea Fuchs Deputy Mayor in charge of anti-discrimination missions. (Presentation of actions of the town hall, the particular functioning of municipal institutions in our city). Mr. Hebrard and Ms. Gatouillat

The sports meeting!

Sports tournament organized by Mr. Malafosse.

Closing of the week:

Review of the Erasmus week. In the presence of parents, teachers and staff of the Lycée D'Alembert, the students presented in English, the report of the week.

The imposed content: Introduce yourself, present the host family or the correspondent, report the most important moment of the week for them.

Obtaining the High School label Respect Zone. Four students from our high school pledged following the association's conference to become ambassadors for the fight against bullying. They commit to training next year to organize and implement actions against cyber-harassment.

Conclusion. This week we have therefore advanced on our thinking regarding the theme of our project. We were also able to introduce our guests to aspects of French tangible and intangible heritage. Students have developed European bonds of friendship. They were able to discover different ways of living and thinking about education. Finally, everyone was able to practice speaking a foreign language in a real situation.

Regarding the reception of correspondents, everything went very well. Our correspondents are delighted by the welcome of families.

On free time our students have introduced aspects of Parisian life to their correspondents and even to teachers.

Welcome speech by Mr. Sabatier, the Headmaster of the Lycée D'Alembert



Writing workshop



Project work presentation



Shoes customization



Visit of Paris



Visit of the Palace of Versailles



Lunch to school restaurant



Sports tournaments



Workshop with the association Respect Zone Testimony of exceptional bullying



Welcome to the Town Hall of the XIX borough, Ms. Fuchs - Deputy District Councilor, responsible for gender equality, the fight against discrimination and human rights and Ms. Baranda (Intergenerational Relations Officer)



Evaluation sheet meeting



Respect Zone Labeling



Assignment of certificates



Departure



2.1.3. 3rd - Short-term exchanges of groups of pupils

Topic: **Current schools' policies on preventing bullying at EU schools**

Date: 02/02 – 08/02/ 2020

Hosting school: INETE Lisboa (Portugal)

Sending schools: Lycée D'Alembert (France) and IES Joaquin Turina (Spain)

The 3rd short-term exchange was hosted by INETE Lisboa (Portugal) from 02/02/2020 to 08/02/2020.

French team :

Students : Lola Khetib, Niki Beaunom, Emeline Gomes-Poupin, Laurent Auguste, Hubert Thomas, Sofiane Karmous, Myriam Benouda and Marie-Christine Lin

Teachers: Isabela Duc and Cyril Hebrard

Departing on **Sunday February 2nd**, we agreed to meet at 9 am at Terminal 1 at Orly Airport. The students all arrived on time. The flight went well. Arrival in Lisbon, the Portuguese team welcomed us with kindness. The pupils were taken care of by the families until Monday 3 at 8:30 am.



Monday February 3th. Go to "INETE" the host school. There was a welcoming ceremony and presentation of the teams + visit to the school. At the end of the morning, the psychologist came to animate an activity on harassment. We had lunch in the INTE canteen and then went to "Praça De Comercio" to visit the "Lisbon Story Center". A museum that describes Lisbon's past. At the end of the afternoon, after visiting and photographing the surroundings of the Tagus, the students returned to the host families.



Tuesday February 4th . Departure by bus at 9am for Jamor-Jardim. After a 30-minute drive, we were offered a tree climbing activity. It was supervised by 3 animators who insisted on safety. The activity went well. Outdoor lunch at noon followed by a visit to BELEM. A paper questionnaire was offered to the students. End of the day at 5 p.m., the students returned to the host families after having returned the questionnaires and debriefing the visit.



Wednesday February 5th . Departure by bus for Nazaré. City with several interests: fishing, tourism, surf spot, traditional market. After 2 hours on the road, visit the premises with a paper questionnaire. Return to the bus at 12:30 p.m. for the restitution and debriefing of the visit. We then had an appointment at a vocational high school in Nazaré to present our project. Each team spoke. A meal was served to us in the school refectory. The end of the day was spent visiting Ovido. A fortified city which is on the return journey. A questionnaire was used to support the visit. Return to Lisbon at 6 p.m. Meeting with host families followed by a small snack.



Thursday February 6th . From 9h to 11h a videoconference with the Austrian, Italian and Greek teams was proposed. There were some technical problems but some exchanges could take place. From 11 a.m. to 1 p.m. Mr. Losego of Amnesty International presented an activity on harassment. The meal was taken in the canteen of INETE. In the afternoon, class work was offered to the group on the same subject. End of the day at 4 p.m.

Friday February 7th . Meet at 9am at INETE. Restitution of different works. Photo sharing work using an application. Week evaluation. At the end of the morning was held the ceremony of delivery of certificates and exchange of gifts and snacks.

Free time in the afternoon to visit Lisbon.



Saturday February 8th . Meet at 9:00 am at Terminal 1 of Lisbon Airport. The students were on time with the families. The return to Paris went well.

Mobility has been very rich in many areas including "living together", communication, personal culture, organization. The students showed interest and motivation. They had a good attitude and were able to showcase many skills.

<https://www.youtube.com/watch?v=-AbXY19PaZ0>

Student testimonials

Niki Beaunom



« ... an unforgettable experience ! I loved! I discovered a country and new friends! In addition I learned portuguez »



Lola Khetib



« ... a very interesting project, of major importance today in all schools of the world. I enjoyed working with other young people from European countries. I am happy to have participated in the search for solutions for combat bullying. Thank you Erasmus ! »



Gaelle Arreaou



« The activities planned by our correspondents were very good, we often went out in groups and were able to discover a lot of the city and its habits.

The atmosphere of the Erasmus group was great, everyone got along perfectly, no single person, it was really a pleasure to be part of this adventure with such a group.

The activities planned for the school were good, I really enjoyed the excursions and the canoeing. I have excellent memories of this first Erasmus experience »



Simon De France



« It was my first exchange experience with a foreign country. I have traveled abroad many times on school trips but never in exchange. My family was really lovely and couldn't do enough for me and the Portuguese correspondent. At each meal they tried to make us discover new typical Spanish or Brazilian dishes because they have Brazilian origins to which they are very attached. As soon as we arrived, they established rules to be observed in the house to which we obviously complied. In the school of the Spaniards we discovered a school system very different from ours. The Sevillian students are a little less disciplined than we are in the lessons but work quickly and efficiently. When we arrived they had planned fun lessons, tours and activities. This week was truly an unforgettable week.

The program was really very well organized with a balance between lessons, tours and activities. We visited old Seville with Ottoman influence, Cordoba the ancient city of Andalusia, we canoeed, went shopping, ate ice creams, visited the King's Palace in Seville and shared many other moments with our correspondents.



References and Sources

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